COMPRANDO RICO Y SANO (BUYING HEALTHY AND FLAVORFUL FOODS)

NCLR's program-led by community health workers (promotores de salud)-seeks to reduce hunger and instill healthy shopping and eating habits among Latinos through nutrition education and enrollment assistance in the Supplemental Nutrition Assistance Program (SNAP).

ln 2016...









6.5 million

Latinos reached with nutrition and SNAP enrollment messages via news media and social media



Latinos received face-to-face nutrition education and SNAP information



a Su Alcance

Supplemental Nutrition Assistance Program

25,229

Latinos enrolled in SNAP



4,198

Latinos participated in cooking demonstrations and grocery store tours



258

promotores received training to implement the program

Visit http://nclr.us/comprandoricoysano



